SCREEN SANITY

Where can I find some Screen Sanity?

TOOLS TO GUIDE KIDS THROUGH THEIR DIGITAL CHILDHOOD

Kansas City-based Screen Sanity is an international nonprofit that equips parents to be mentors and guides so kids grow up happy and healthy in an increasingly digital world.

Scan the QR codes below to purchase or download some of Screen Sanity's top parent resources.



Screen Sanity Group Study

An interactive discussion tool for parents of digital natives





Social Media Playbook

A guide to setting intentions about social media use





Smarter Start Toolkit

A parent-child workbook for introducing their first phone





Plugged-in **Planner Series**

A series of parent workbooks for each stage of digital childhood





Parent Night

Tools to host a Screen Sanity training for your community

